PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY KANURU, VIJAYAWADA DEPARTMENT OF FRESHMAN ENGINEERING **CIRCULAR**

Date: 20.10.24

A program WINGS (Wholesome Integration Nurturing Good Students) is initiated for all the I. B. Tech. students to guide them to the pathway of success in different domains.

As a part of Talk-2 a one day seminar on "Physical Mental & Emotional Well Being" is organized to all the I B.Tech. Students to create awareness on the Life Skills, and adaptability for the Physical & Mental well Being to lead a happy and Prosperous Life by overcoming the transition from Emotional imbalance to Academic success.

Topic: Topic:

"Physical Mental & Emotional Well Being"

Resource Person:

Mrs. K.Vijaya,

Vice President, Vasavya Mahila Mandali, Vijayawada Member, ICC, South Central Railway, Vijayawada

Member, State Level Advisory committee, PCPNDT Act, AP.

Dates: 24.08.24

Time: 9.30AM to 12.30PM

(Dr.M.SriLakshmi)

Head

reshman Engineering Department VP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 007.

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

DEPARTMENT OF FRESHMAN ENGINEERING

SUMMARY REPORT ON EVENT ORGANIZED

	ACADEMIC YEAR: 2024-2025
Date of Event organized	24.08.2024
Name of the Event	Wings Talk Series
Resource person	Mrs. K.Vijaya, Vice President, Vasavya Mahila Mandali, Vijayawada Member, ICC, South Central Railway, Vijayawada Member, State Level Advisory committee, PCPNDT Act, AP.
Title of the Event	"Physical Mental & Emotional Well Being"
Brief Report on the Event	A one-day seminar on "Physical, Mental & Emotional Well-Being" was organized to create awareness and foster a deeper understanding of holistic health among participants. The seminar aimed at educating individuals about the significance of balancing physical fitness, mental health, and emotional resilience.
Year/Semester	I YEAR /I SEM
No. of the participants	150
Consolidated Feedback	Good
Suggestions if any	
Name of the Co-ordinators	Mrs. T. Krishna Sree, Asst. Prof., FED Dr. M. Silpa, Asst. Prof. FED.
ignature of the Co-ordinators	N. C.
ignature of the HOD	(b)

Freshman Engineering Department PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 007.











